

Shannon -> Ballyraughn

N19 NE to M18 N (Emris)

N68 W to N85 N

at Fountain Cross take R476 N

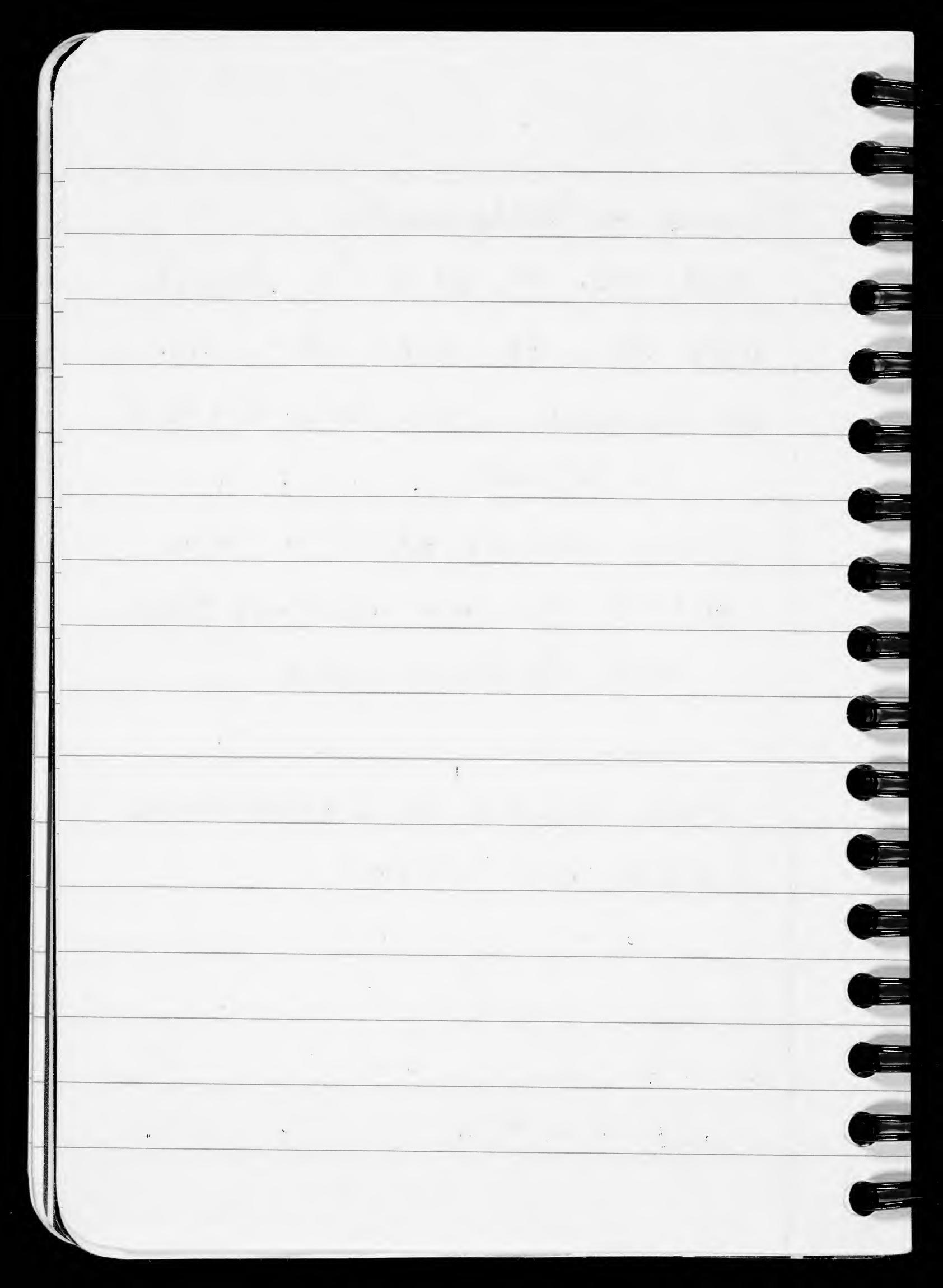
to Corofin

Skin out of Corofin take

R480 toward Aillwee Cave

and Ballyraughn

Balmraught to Lizdomvarna NGT SW 10 KM



Camp - Amnascaul 20 min faxi vide to trail head - paved road borderel ly walls of vegentation, Mosty Juschias - absolutelly grordeons of some blackbenies mized in sunny day and fairly easy wath area is dotted w/ prehizer partn croses "pine plantath" w half of the trees treshly harvested and then across mer and along cliffs orenborhio brich beach

and Strand. Because it was such a beautiful day buch was palled and we decided to pass it up and keep walling Amough boreens (ditues with walls of regulations) up over a small hill her Straight down hill proud walk into Amascaul. The Of the most impressive Standy 8tmes was in a field on the wang it. Hoad seemed mitermedle at this point and led

straight to the center of town and South Pale Inn home of Im Crean, Anterdste explorer. Had veg soup and waited for vide to Dryle gate Hostel. When he frally arrived we found out it is 1.5 mi ontside of Amascaul and no possibility of a vide in the Am - ditched largle gate and Stayed at Mnascaul 13&B-V nive propieter and worm entre place to ourselves

Omner @ south Pole Inn cuphoard next to preplace makes antaratic storm Sunds when opened fores of muemoratita and photos / illustratus of Ion Grean - all seen To be based on san one photo 8/18 N'SICL Cast wight and not up for walling none of us had much Sleep. Atter bfast 4. from 134B drove us &o Directe. NA/ hing ont in Thyle - andow 8 huppers

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and bought her a beret Nun took the eco tour boat trip. Another lovely day and a shome we werent walkry but Still a nice stat interesty place to hang omt. Imah i a gaelir bookstore full a nationalist lit. Donner D'Snohehouse and Irish Ivad music at Morranity's pub-dxcellent mod women. Manage of Hickenst histel v mil and VV talkertive - from

lowa City! Koom v. grins So he gavre us à dizevent great place to Btay anyway 8/19 9:10 Am Start to Dungini Vighain started right after we get out sam gear on Œ we headed out country words to Venty. Ram Started harder while I dashed into the shop a venting for some supplier Started pelty and V wordy for wall on bealn- metty mizerable and Nis ramfly thow off

we had to bach tall to retrieve it the but fortunatedy frond it Run Moradible but We managet to stay dry inside all our Main geon Presid on along beaches and up oner lovely bluff w/ sheep rain letup a best but no visibility of what must have been a heaththe view. A huddled bogs lund next

to a wall and cane to value sheltered walks w/hedge walls about half way along bluff paralettry te Eccan it cleaned up D and was spectacular saw doganes, beehve hus rounded corner 42 sua Head which was amazingeven une gorgeous Creaus of the sunstine. A stopped in Sleattead Cafe & Gift stre for being crunble, jie and cappuciro/tea

especially delicions yfer voy rain wath. Took me coast word toward Dungun before centig of over mother headland Man unto le students fron Vous of Puget Stand- will grup breaded to same hostel. Hunied to Cheat Baashet Contex, annal & 5:30 W last admission @ 5:15. Bigged my wen in and san avond to I mm books wonderful - natural With anto & hist/eutter

v treacherous hoad wally y whoy man wad - fortmaty wy bad weather less tracks - kest cross of the ared. Stront wish road wall up to Dungin Hostel Ita Caundry walked to restaurant two denne å trob experience Cat vide home to hostel. -Bathrooms down the hall but shovers were heavenly. 8/20 Same 7:10 Stant on same route ster headling toward restamant d'man voad. Attempted to get food in Forms Muteary potten but hey were not yet open. Anagry that 

food really wasn't avail in Dunquish altro hostell soled some basics like parta à sauce. Cut to coast for exquisite waln along blufts and then back te road tun Ahnough filleds and more word watery to bear a Gnly Sun Fort france distance because we were met thed Sow a v funny bihe race - mosty kids à some kids w/ dads vory auss he smot.

befriended by a collie who was more insterented in plany feton w/ & sich han eatig. Forty beach wall while tide was out men rocky shore wo beautiful purple à gren Nochs more bluf q headr walling. Intended to had tood in Munteaugh but never fund it instrat Inded up in put in Brallydavin pier for some (only me litt) tea & copea. Fortifical, treader

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ont away beautiful clift walk toward Bally Havid mond - 8me agnhunn work where we were gong to find our hostel, untered up grup and were amazed by notion of I Bally davids. ended up a and they put is in the apartment because groups had aheady borned her worms in the hostel is ce sitty norm, leitnen, leitnen, ett.

often Owner drove is A aimer (a sama pur-restaurant) We selected restaurant and when hus Service was not aperetry called - for a tare to take is back. 8/21 Owever let us in shop early and we found out no fixis to trail head ww possinihing that the would falue in, after som dithery we decided to butchife because it was striky to son and our broke

location adel 4 km to the hihe. Stoppeda gleep truch who said he could talu us after thechy m his sheep. turns ont they were the nory mes who kapt me up all night unt! I broke out the earphys. He had just separated the young from mothers yesterday and they must have been protestig all night. Humd W Node in hate w/ sheep dry their tray

were instructed not to touch and I node up pont à made conversalu with Shepherd - v'interity and I'm sure we over part because my had nº20.6il Weather willed an as we began un ascent 450 m to summet of pass over I with muchy much fields that seemed to get anse he higher we climbed. We went right into the fog wo almout no visithility and had

to ash N to wait for us so she could keep in state Signt. v steep ascent, v cold V foggy and a little mynthanish many files sumits and wear constantly Ameadenry & got worse (at least it never poured like the Drylle -7 Dungen Lay) V hand to walk because ground was so boggy and to need ed to wall on rusher & Stores to

Stay drier. Sumit had Stile & Organ Stone - v wordy, cold Leggyn. Vinishit got even worse med we needed to hunt for moulur at one pont Run Stranged wy me marker Noont to book and hept men pohr in signt from me middle. Way down was treacherous at best v muddy sochus arted & Steep. Quick lunde in a smerhot

Sheltered area near large rodes then Stricing down through mud would not have made it Wort poles. Trally made it to a wad and below the partners Saw grup again and world out a short-out that would by yours Brandon. Hoad wahring along a fairly busy wad then smaller wad. mu Stopped in at a graft

place w Breadly dog Kir, Starred glass - W bought a pair of lamp. & gry gave Runa beer. Scaned Whe very long wath to Coghane along word and her field wally to cut dun to tom. Way came out righta M. Phanko Hostel. Proce is basic out computable. phoner in pur next down and prinise of a bakery Jonnyon Am. Nobby wants to go back up 

an Brandyn so maly talu it eany tomorrow. Keemited ut cety bag! \$22 Nobody up for Mt. Pronden stog after yesterdans adventures. Slept in, visited the bathery/strop for treath sunes when decided to walk to Brandon. Took side wood to small beach w volls & downt tideporting N&1 Scrambled ores au me rocks & looked in every north & cranny. Josh Bryle Way into Branden of ate in a pub near the pier vice bondronthing & v rose cleans

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4:30 to organize stuff & have afternoon tee. Stopped in to see Ker he doguen on way bath. Put diner next door then into room on wad side of histed for Munic. Juned out to be locals led by a women named Maria who said she once toured Ann Di Che Duthrer. Part board talent show part sty dry

W some poetry recitation and Stories about old dappenigration Junn Cloghame in 1940s on Ship "Washington" Sowed tea \$ scores & over by 10 - some sort of temperance thing 8/23 up and disapported by shop bakery openy late d'not mady w) freak baked goods. 9'15 taxito airport Josh almost exactly lur. Short weif for a car to be tuned in from on the wad S to Willamon One stop at Lauries view for view and coffee then grows

dur Am park & along coast to Kernerase. Channy form Sandwich hunch & walled around under shoppy & bought a Gomes Moster for Jerenz. Dove further down coast to Gunganit & Banky men cut aross inland to kinsale. Young day in he car but managed to mil BAB in Sandy vonc. Depritely Bed breakfust d'enviroation but booking setting and comfortable rom, lubo Kinsalo for riner V moy meal @ Jun Edwards

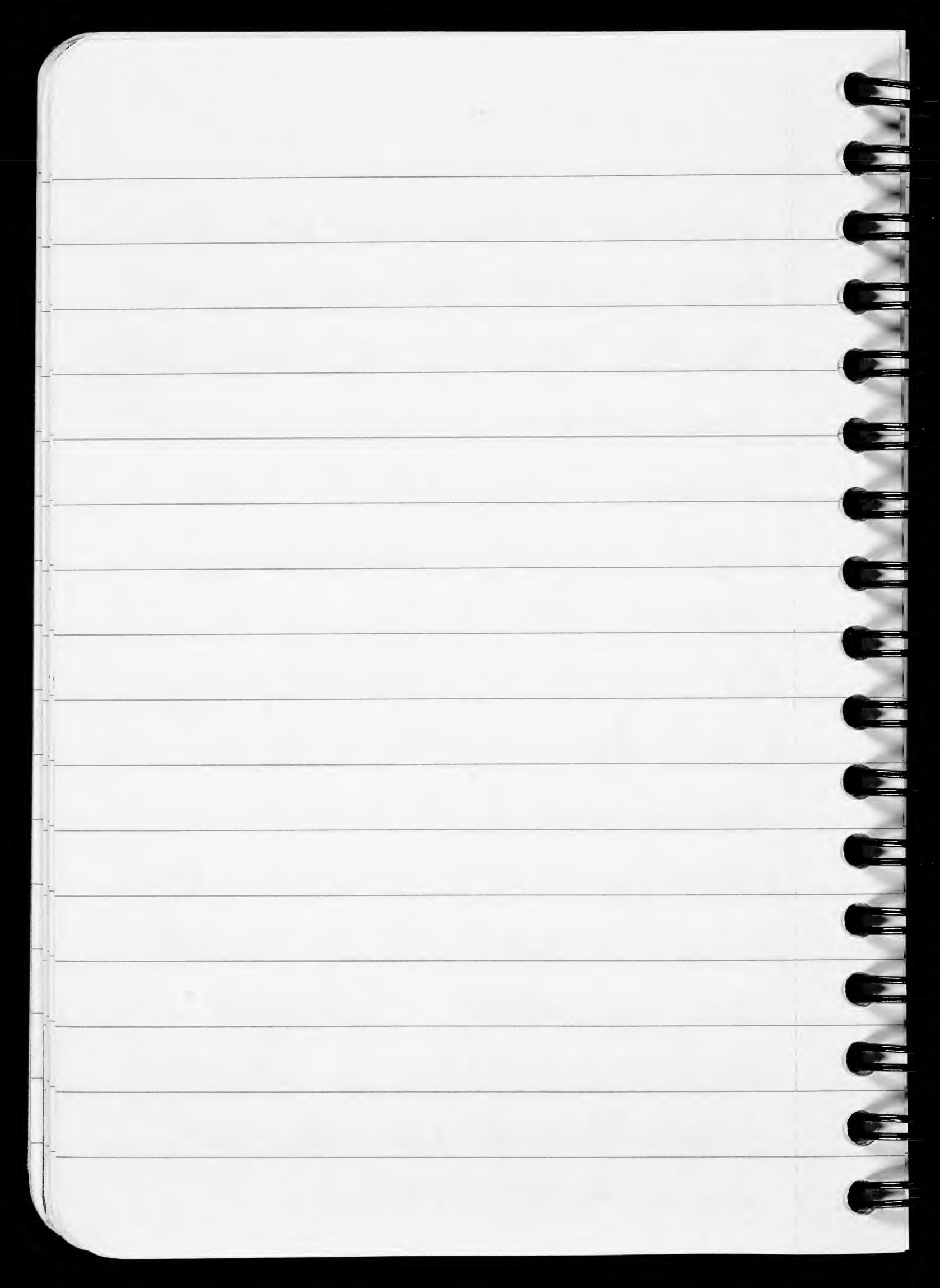
8/24 enormores Skepest and her into kinsale to wordow shop and pohe around. Covely small farneris met & bought yann Ann 18th word for Gina Lin. & pm for N. Brove to Cobh und arrived & beritage center in tandern w/ torn bus. He was a borth museum sophisticate and I well done wo envirge info on Titomic (last port before voyage & Ship buildry) Listerina Sanh of Sundy Cove) and Insh amigration

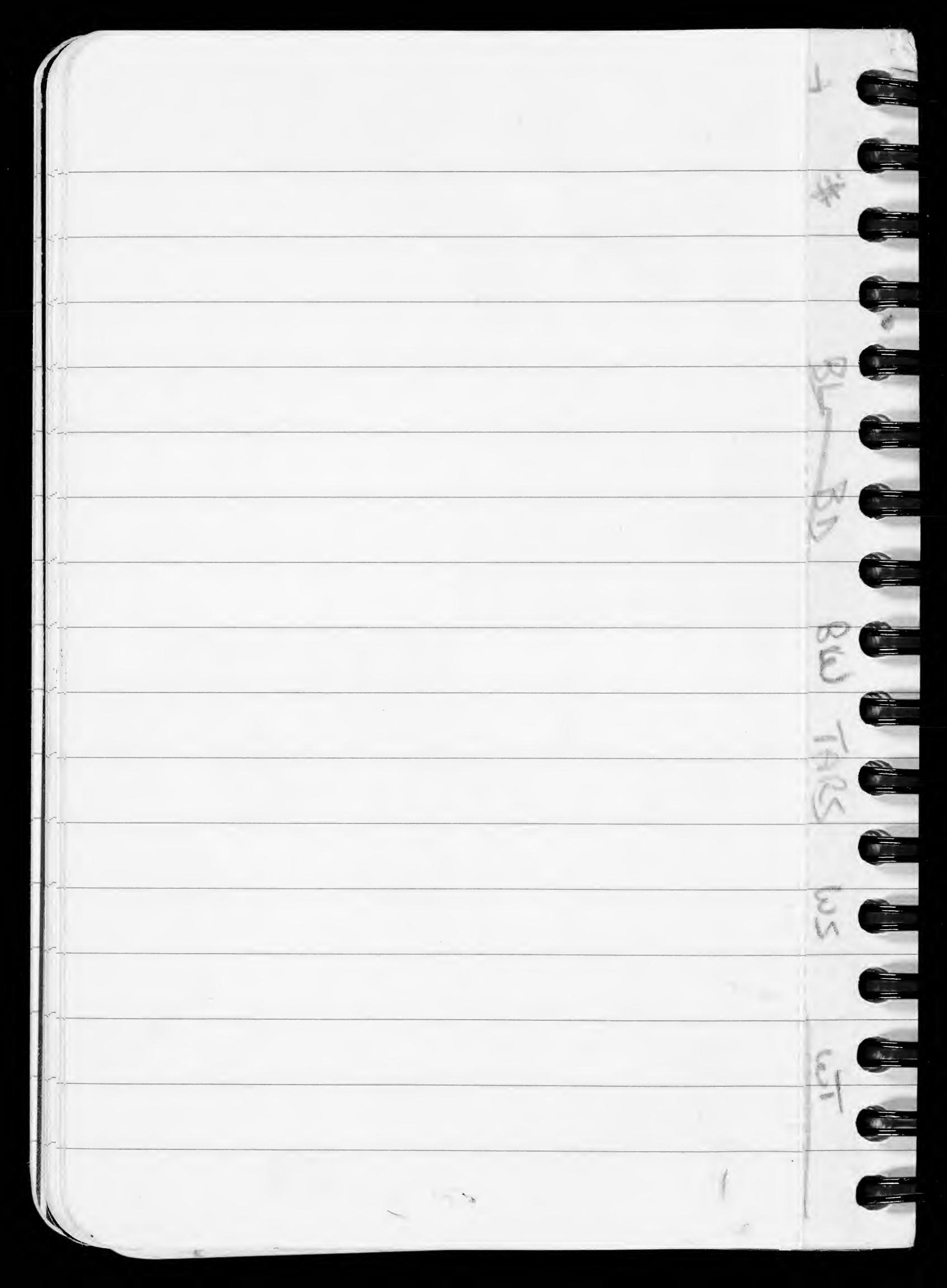
Umon in lowh from shot N to lennis. Bohn Cand Linewich Un cities wy lots of traffic truchs d'euses on penniter Wads. Found Grey Jables m Ennis Want too much torouble à just à little dung ament. Arrived by 4:30 al dashed out for strying before Stres chrid @ 6.00. IV was deligned by Dunnes which booked whe Insh Target of She bonght a foral jumpsut for 15 2, prohed up tea, chwarlate purit à Cruised servent

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puls for dimmen choices. Ate late ~ 8:00 so that we could Stay for music @ M\_ good dimer & falmous Smy music. Bed late or 71:00 after organizny everything for 8/25 up eenly-frishedpachy & left for arrport n 7:35 snadling mede fast & more coffee scores a amont. A relief to got and of rental answerted gunged m v will sweater in amount shop. Cleared waterness of sugust to Ny on him 

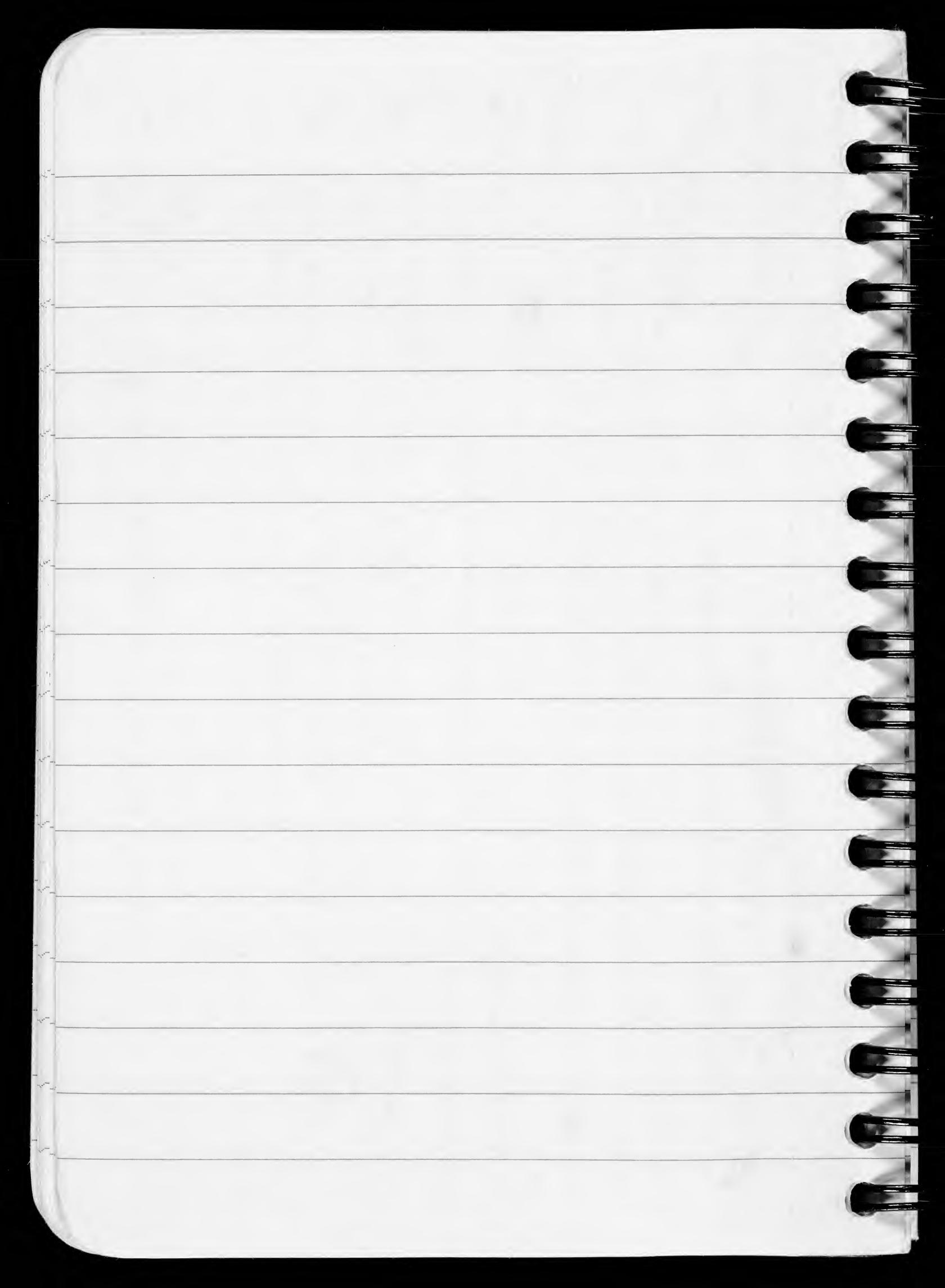




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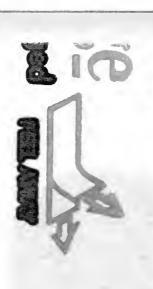
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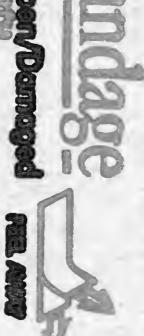








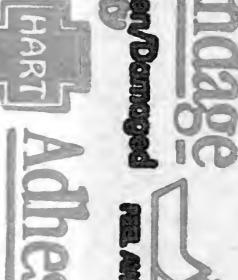
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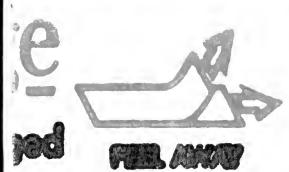


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